

## ULOGA DIMENZIJA AFEKTIVNE VEZANOSTI U PREDVIĐANJU VREMENSKE PERSPEKTIVE

Predstavljeno istraživanje bavilo se ispitivanjem uloge dimenzija afektivne vezanosti, Anksioznosti i Izbegavanja, u predviđanju dimenzija vremenske perspektive: Pozitivne prošlosti, Negativne prošlosti, Hedonističke sadašnjosti, Fatalističke sadašnjosti i Budućnosti. Na uzorku, koji obuhvata 146 studenata Filozofskog fakulteta u Nišu (29 muškog i 117 ženskog pola) starosti između 18 i 23 godine ( $AS=20.31$ ), primenjeni su instrumenti ECR i ZTPI. U obradi rezultata korišćena je multipla regresija, gde su kao kriterijum postavljene dimenzije vremenske perspektive, a prediktorske varijable Anksioznost i Izbegavanje. Utvrđeno je da pretpostavljeni prediktori imaju značajan zajednički udeo u predviđanju Negativne prošlosti ( $R^2=0.16$ ;  $F=13.68$ ;  $p<0.01$ ) i Fatalističke sadašnjosti ( $R^2=0.06$ ;  $F=4.88$ ;  $p<0.01$ ). Dok u predviđanju Negativne prošlosti obe dimenzije afektivne vezanosti ostvaruju nezavisan doprinos, i to jednak ( $\beta=0.30$ ,  $p=0.00$ ), u predviđanju Fatalističke sadašnjosti ulogu ima samo Anksioznost ( $\beta=0.25$ ,  $p=0.00$ ). Statistički značajnim prediktorom Pozitivne prošlosti pokazalo se Izbegavanje ( $\beta=-0.16$ ,  $p=0.05$ ). Ovim rezultatima je delimično potvrđena hipoteza istraživanja, zasnovana na teorijskim i empirijskim podacima.

**Ključne reči:** Anksioznost, Izbegavanje, vremenska perspektiva

## THE ROLE OF ATTACHMENT DIMENSIONS IN PREDICTING TIME PERSPECTIVE

This study investigated the role of Attachment dimensions, Anxiety and Avoidance, in predicting Time Perspective dimensions: Past Positive, Past Negative, Present Hedonistic, Present Fatalistic and Future. On the sample, which consisted of 146 students of the Faculty of Philosophy in Nis (29 male and 117 female), aged between 18 and 23 years ( $M=20.31$ ), ECR and ZTPI were applied. Multiple regression analysis was used to evaluate the relationships between Time Perspective dimensions, as criteria, and Anxiety and Avoidance, as predictors. The results showed that those predictors had significant role in predicting

Past Negative ( $R^2=0.16$ ;  $F=13.68$ ;  $p<0.01$ ) and Present Fatalistic ( $R^2=0.06$ ;  $F=4.88$ ;  $p<0.01$ ). While both of Attachment dimensions had independent, equally sized, contributions in predicting Past Negative ( $\beta=0.30$ ,  $p=0.00$ ), only Anxiety uniquely predicted Present Fatalistic ( $\beta=0.25$ ,  $p=0.00$ ). Avoidance was significant predictor of Past Positive ( $\beta=-0.16$ ,  $p=0.05$ ). These results partially confirmed the main hypothesis, based on theoretical and empirical data.

**Keywords:** Anxiety, Avoidance, Time Perspective