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KOMBINACIJE OBRAZACA AFEKTIVNE VEZANOSTI U PARTNERSKIM ODNOSIMA

Ovo istraživanje se zasniva na teoriji afektivnog vezivanja Džona Bolbija i Meri Ejnsvort. Prikazano je shvatanje fenomena afektivnog vezivanja kod odraslih, naročito u okviru partnerskih odnosa, više različitih autora. U istraživanju je korišćen Upitnik za procenjivanje partnerske afektivne vezanosti (Bartholomew & Shaver, 1988) koji sadrži 36 pitanja u formi sedmostepene skale procene. Ispitanici se svrstavaju u četiri obrasca partnerske afektivne vezanosti: sigurni, izbegavajući, preokupirani, bojažljivi. Cilj istraživanja je utvrditi da li postoji različita učestalost kombinacija obrazaca afektivne vezanosti u partnerskim odnosima i u kojoj je meri svaka kombinacija zastupljena. Takođe, korišćene su dve kontrolne varijable: dužina veze i zadovoljstvo vezom. Istraživanje je pokazalo da je najzastupljenija ona kombinacija u kojoj oba partnera pripadaju sigurnom obrascu partnerske afektivne vezanosti: u pogledu dužine veze ne postoji statistički značajna razlika između različitih kombinacija obrazaca partnerske afektivne vezanosti; dok u pogledu zadovoljstva vezom postoji statistički značajna razlika između nekih kombinacija obrazaca partnerske afektivne vezanosti. Ostaje potreba za daljim istraživanjima u ovoj oblasti i daljom proverom rezultata.

Ključne reči: Afektivno vezivanje, partnerski odnosi, kombinacije obrazaca partnerske afektivne vezanosti

COMBINATIONS OF PATTERNS OF ATTACHMENT WITHIN ROMANTIC RELATIONSHIPS

This research is based on the attachment theory of John Bowlby and Mary Ainsworth. The paper considers a number of different authors' point of view about the phenomenon of attachment in adults, especially within the romantic relationships. Close Relationships Questionnaire (Bartholomew & Shaver, 1988), containing 36 questions in the form of seven-level scale of assessment, was used in the research. Respondents were classified into four patterns of partner attachment: secure, avoidant, preoccupied, fearful. The main aim is to establish the frequency of different combinations of patterns of attachment within relationships, and the extent to which each combination

is represented. Two control variables were also introduced: relationship length and relationship satisfaction. Research has shown that the most common combination is the one in which both partners belong to the secure pattern of attachment. In terms of relationship length, no statistically significant difference between different combinations of patterns of partner attachment was found. In terms of relationship satisfaction there is statistically significant difference between some combinations of patterns of partner attachment. There is a need for further research in this area and further evaluation of results.

Keywords: Attachment, romantic relationships, combinations of patterns of partner attachment