

Milica Pavlović

UDK 159.943.3

Univerzitet u Nišu

Filozofski fakultet Niš

Doktorske studije

Ljubiša Zlatanović

Univerzitet u Nišu

Filozofski fakultet Niš

FACIJALNI ZNACI MASKIRANJA, BLOKIRANJA I SUZBIJANJA EKSPERIMENTALNO IZAZVANE EMOCIJE TUGE

Cilj ovog eksperimentalnog istraživanja bio je da ispita i utvrdi karakteristične načine na koje studenti nastoje da maskiraju, suzbiju ili sakriju kulturološki uslovljenu i veoma provokativnu emociju tuge u situaciji koja je po određenim elementima javna. Uzorak je činio 31 student različitog pola. Studenti su bili ujednačeni po uzrastu i nivou obrazovanja. Svaki ispitanik dobijao je instrukciju da pažljivo odgleda sekvencu iz filma koja je trebalo da izazove snažnu emociju tuge, nakon čega je ispitivač napuštao prostoriju, a ispitanik na monitoru gledao najavlјjenu sekvencu. Skrivenom kamerom beleženi su stav, držanje, reakcije, facijalne ekspresije i sve promene na licima ispitanika. Podaci su obrađeni kvalitativnom analizom dinamičkog materijala, koja je obuhvatala praćenje, registrovanje i analizu svih promena u izgledu lica, redosled njihovog pojavljivanja, intenzitet i učestalost. U tu svrhu korišćeni su instrumenti Ekmana i saradnika: FACS i FAST. Utvrđena je tendencija da ispitanici ekspresiju tuge maskiraju nekom drugom, datoj situaciji, primerenijom emocijom (38,71%): iznenadjenjem (12,9%), osmehom (12,9%), ljutnjom (9,67%) i odvratnošću (3,22%). Kao znake suzbijanja, blokiranja i prikriivanja ispolјjavanja tuge registrovali smo: spuštanje – podizanje glave (35,48%) i okretanje glave u stranu (45,16%), promenu direkcije pogleda (29,03%), „vrpolјjenje“ (32,25%), krut stav tela (9,67%), nesimetriju leve i desne strane lica (12,9%), dodirivanje nosa (16,12%), manipulisanje kosom (16,12%). Rezultati potvrđuju značajan uticaj kulture i socijalnih pravila u izražavanju tuge i ilustruju načine i strategije koje koriste muški i ženski ispitanici, kao i razlike između njih, da bi u situaciji, koja ima dosta elemenata javnog, blokirali, maskirali, prikriili ili suzbili socijalno neadekvatnu emociju tuge.

Ključne reči: Facijalna ekspresija tuge, znaci maskiranja, blokiranja i suzbijanja tuge

FACIAL SIGNS OF MASKING, BLOCKING AND SUPPRESSION OF EXPERIMENTALLY INDUCED SADNESS

The objective of this research was to explore and determine the characteristic ways in which students tend to mask, suppress or conceal culturally conditioned and very provocative emotion of sadness in a situation which is public according to certain elements. The sample consisted of 31 male and female students all of the same age and education level. Each of the subjects received the instruction to carefully watch previously edited sequence from the movie which was supposed to provoke strong emotions of sadness, after which the interviewer left the room, with the interviewee staying by himself and watching the said sequence of the film. The hidden camera recorded the following: attitude, posture, reactions, facial expressions as well as any changes on interviewees' faces. The data were processed by a detailed qualitative analysis of the dynamic material, which included monitoring, recording and analysis of all changes on the faces, the order of their occurrence, intensity and frequency. For this purpose, we used the two instruments: FACS and FAST, by Ekman and Associates. Interviewees in our study tended to mask the expression of grief with another, more appropriate emotion for a given situation (38.71%) as: surprise (12.9%), smile (12.9%), anger (9.67%) and nausea (3.22%). As signs of suppression, blocking and hiding expressing sadness we have registered: lowering or raising the head (35.48%) and turning head to the side (45.16%), change of sight direction (29.03%), frequent change of posture – squirming, (32.25%), and rigid body position (9.67%), asymmetry of the left and right sides of the face (12.9%), touching the nose (16.12%), manipulation of hair (16.12%). The results we have obtained confirm the significant influence of culture and social rules in expressing sadness and illustrate the methods and strategies used by male and female interviewees, and differences between them, but in a situation that has many elements of a public situation, blocked, masked, covered up or suppressed by social inadequate emotion of sadness.

Keywords: Facial expression of sadness, signs of masking, blocking and suppression of sadness